



Spring Branch Academic Institute



December 14, 2020

Secondary Issue 15

Congratulation Math Club

The SBAI Math Team competed against the Roxbury Latin School Foxes this week. The school was founded a little before SBAI, in 1645. Just like the Bamana, who destroyed the 400-year-old Mali Empire in 1645, our Dragons prevailed 27 – 25 to advance to the Final Four.

Ms. Craddock's Goodbye

Thank you to all who came out to support Ms. Craddock as she moves to the next stage of her life. Ms. Craddock is an original. We will miss her but be happy for her. It was great to see some virtual students and how tall you've gotten.

Texas A&M Physics and Engineering Festival

You are invited to the 2021 Texas A&M [Physics and Engineering Festival](#)! This year, it is virtual! The Festival will be April 10, 2021. More updates will be posted on the Festival website at physicsfestival.tamu.edu and social media. Several thousand people from all over Texas and other states are expected to attend. Dozens of interactive science exhibits for scientists of all ages will be run by the faculty and students and streamed online with your students encouraged to participate in Q&A. Here is a [promotional video](#).

Stratford Final Exams

Attached is the fall final exam schedule starting December 15. To maintain test security, students will take most final exams in person. The afternoon of December 16, and 17 students may stay for afternoon tutorials or attend them through Zoom. Attendance must be taken in the afternoon Wednesday and Thursday. See attachment to set goals for you final exams.

SFMS Final Exams

Attached is the schedule for middle school final exams. Monday, December 14 will be a normal Monday schedule. December 15 – 18 will be block schedules. SBAI students will ride the bus between our two campuses each day. Friday is a full day. See attachment to set goals for you final exams.

Absences and early pick up

Please call and email attendance clerks
SFMS 713.251.4604, Ms. Razo [email](#)
SHS 713.251.3406 Ms. Cardoza [email](#)
Also, email Ms. Helfer and Mr. Lefebber

Upcoming Events k

- Dec 15** SHS and SFMS Final exams begin
- Dec 17** Moon Pod Essay Contest Due
- Dec 18** End of second nine weeks
- Dec 19** **Winter Break begins**
- Jan 5** Students return to instruction
- Jan 8** SBAI Science Fair
- Jan 12** SFMS Talent Show auditions
- Jan 15** Eighth grade yearbook ads due
- Jan 18** **Student Holiday**
- Jan 19-22** Secondary Iowa Tests
- Jan 21** SHS Incoming Freshmen Meeting
- Jan 22** HS Choir Solo and Ensemble
- Jan 23** District 14-6A Swimming
- Jan 29**
 - 1. District Spelling Bee
 - 2. SHS Playhouse *Nunsense* 7:30 Queensbury Theatre
- Feb 6**
 - 1. Region 5-6A Swimming Finals
 - 2. SHS Playhouse *Nunsense* 7:30
- Feb 15** **Student Holiday**
- Feb 26** Men's State Swimming 6A Prelims
- Mar 12** End of third nine weeks
- Mar 15-19** **Spring Break**
- Mar 30** HS JV Orchestra String UIL
- Apr 2**
 - 1. **Student Holiday**
 - 2. SHS Playhouse *Something Rotten*, Zilkha Hall 7:30
- Apr 6** English I EOC, STAAR Writing 4 & 7
- Apr 8** English II EOC
- Apr 9** STAAR make up
- Apr 10**
 - 1. SHS Playhouse *Something Rotten*, Zilkha Hall 7:30
- Apr 30** **Student Holiday**
- May 3** AP Physics C PM
- May 4**
 - 1. AP Calculus AB & BC AM
 - 2. Algebra I EOC
 - 3. AP Human Geography PM
- May 5**
 - 1. AP Literature & Composition AM
 - 2. Biology EOC
 - 3. AP Physics I PM
 - 4. Japanese Language & Cult. PM
- May 6**
 - 1. AP U.S. History AM
 - 2. STAAR Science Grade 8
 - 3. AP Computer Science A PM

PSAT and NMSQT

Your PSAT/NMSQT scores are ready online. [Create your College Board account](#) and find your [online score report](#). Students will get their test booklets back in January to see the exact questions missed. [Watch this video](#) to learn to link College Board results to Khan Academy practice.

College Board Opportunity Scholarships

The College Board Opportunity Scholarships program guides you through the college planning process and offers you a chance to earn money for college for each action you complete. The more effort you put in, the more opportunities you'll have to earn. It doesn't require an essay or an application, and it doesn't have a minimum GPA or test score requirement. Scholarships can be used at 2- and 4-year colleges. Please see the flyer attached to the newsletter and watch [this video](#) to introduce the program.

Moon Pod Essay Contest

IMAGINE LEADING A ONE-WEEK EXPEDITION ON THE MOON AND WRITE AN ESSAY THAT TELLS NASA ALL ABOUT IT. NASA is taking remote learning to the Moon! 2020 has been a year of working and living at a distance. Now consider what it might be like if you were living with a pod of astronauts 250,000 miles from Earth. Your challenge is to imagine leading a one-week expedition at the Moon's South Pole – with the whole world cheering you on.

Eighth-Grade Dedication Ads

Deadline to buy a Yearbook Ad is Friday, January 15. 1/8 Page Ad = \$25, 1/4 Page Ad = \$50, 1/2 Page Ad = \$100. If you have already purchased a Yearbook AD, Mrs. Rasberry will send out a separate email regarding when Yearbook AD designs need to be turned in. Contact Mrs. Rasberry @ 713-251-4696 or faralyn.rasberry@springbranchisd.com if you have any questions.

Patriot Paws

SFMS PTA will also be fundraising for Patriot Paws at Texas A&M, as we have for the last 6 years! Patriot Paws is a foundation that raises money to train service dogs to give to disabled American veterans. These dogs help them to overcome and cope with PTSD, and other disabilities. Because of generous donations, like the ones from SFMS, the service dogs can be provided to veterans at no cost. We will not be able to collect money at school as usual, but please consider an online donation at <https://patriotpaws.org>. Click on "DONATE", Go to Honor A Veteran, Enter "SFMS Veteran" instead of an actual first/last name...You can skip the address if you'd like.

2020-2021 Yearbooks

Order your 2020-2021 Yearbook Today, <https://www.balfour.com/shop/yearbook?smi=74036>

COVID Dashboard

The [COVID Dashboard](#) provides a summary of active, test-confirmed COVID-19 cases involving SBISD students and staff members as reported to the District. Totals reflect those participating in any on-campus activity. For more information associated with SBISD's health and safety protocols regarding COVID-19, including isolation, quarantine, and reporting, please refer to the [District's LearnSBISD plan](#).

SHS Student Parking

I cannot believe this is needed for our newsletter. Stratford is selling 2020-21 parking passes for juniors and seniors. Click on this link for [parking information and regulations](#). Sophomore passes go on sale in late Fall; I was told it would be in October.

CIS Newsletter

Communities In Schools is a 501 (C3) non-profit organization that partners with schools, colleges or independent school districts for the purpose of addressing the barriers to success (academic and non-academic needs) faced by students and/or their families within the campus community. Please see the August/September newsletter at the end of the newsletter.

SFMS PTA/Campus Communication

We encourage all families to join SFMS's PTA. To receive regular details from SFMS, click on the link and add your email address to get the [SFMS PTA e-blast](#). Please read the e-Blast and this newsletter to stay informed.

Stratford PTSA/Campus Communication

We encourage all families to join SHS's PTSA. Parents, please stay informed with upcoming events. To receive regular details from SHS, click on the link and add your email address to [Sign Up for Spartan Scoop](#). Please read the [PTA information](#) and this newsletter to stay informed.

Spring Forest Middle School Bell Schedule Monday, Tuesday, and Friday

A Lunch

1st Period 8:40 AM – 9:34 AM
2nd Period 9:38 AM – 10:32 AM
3rd Period 10:36 AM – 11:30 AM
LUNCH 11:34 AM – 12:04 PM
4th Period 12:08 PM – 1:02 PM
5th Period 1:06 PM – 2:00 PM
6th Period 2:04 PM – 2:58 PM
7th Period 3:02 PM – 3:55 PM

B Lunch

1st Period 8:40 AM – 9:34 AM
2nd Period 9:38 AM – 10:32 AM
3rd Period 10:36 AM – 11:30 AM
4th Period 11:34 AM – 12:28 PM
LUNCH 12:32 PM – 1:02 PM
5th Period 1:06 PM – 2:00 PM
6th Period 2:04 PM – 2:58 PM
7th Period 3:02 PM – 3:55 PM

C Lunch

1st Period 8:40 AM – 9:34 AM
2nd Period 9:38 AM – 10:32 AM
3rd Period 10:36 AM – 11:30 AM
4th Period 11:34 AM – 12:28 PM
5th Period 12:32 PM – 1:26 PM
LUNCH 1:30 PM – 2:00 PM
6th Period 2:04 PM – 2:58 PM
7th Period 3:02 PM – 3:55 PM

SBAI Bell and Bus Schedule

1st Period 8:40 AM – 9:35 AM
2nd Period 9:40 AM – 10:35 AM
3rd Period 10:40 AM – 11:30 AM
4th Period 11:35 AM – 12:25 PM OR 12:15 – 1:05
5th Period 12:30 PM – 1:20 PM
OR 1:10 PM – 2:00 PM
6th Period 2:05 PM – 2:55 PM
7th Period 3:00 PM – 3:55 PM

Bus 8:30 SFMS → SHS

Bus 9:25 SHS → SFMS; 9:39 SFMS → SHS (RT)

Bus 10:23 SHS → SFMS; 10:37 SFMS → SHS (RT)

Bus 11:21 SHS → SFMS; 11:35 SFMS → SHS (RT)

Bus 12:09 SFMS → SHS; **12:19 SHS → SFMS** (RT)

Bus 12:33 SFMS → SHS; ~~12:53 SHS → SFMS~~ (RT)

Bus 1:07 SFMS → SHS; **1:17 SHS → SFMS** (RT)

Bus 1:51 SHS → SFMS; 2:05 SFMS → SHS (RT)

Bus 2:49 SHS → SFMS; 3:03 SFMS → SHS (RT)

Bus 3:45 SHS → SFMS

Spring Forest Middle School Wednesday Bell Schedule

A Lunch

1st Period 8:40 AM – 10:17 AM
3rd Period 10:21 AM – 11:59 AM
LUNCH 12:03 PM – 12:33 PM
5th Period 12:37 PM – 2:14 PM
7th Period 2:18 PM – 3:55 PM

B Lunch

1st Period 8:40 AM – 10:17 AM
3rd Period 10:21 AM – 11:59 AM
5th Period 12:03 AM – 12:45 PM
LUNCH 12:45 PM – 1:15 PM
5th Period 1:19 PM – 2:14 PM
7th Period 2:18 PM – 3:55 PM

C Lunch

1st Period 8:40 AM – 10:17 AM
3rd Period 10:21 AM – 11:59 AM
5th Period 12:03 PM – 1:30 PM
LUNCH 1:30 PM – 2:00 PM
5th Period 2:04 PM – 2:14 PM
7th Period 2:18 PM – 3:55 PM

SBAI Bell and Bus Schedule

1st Period 8:40 AM – 10:15 AM
3rd Period 10:20 AM – 11:50 AM
5th Period 12:40 PM – 2:10 PM
7th Period 2:15 PM – 3:55 PM

Bus 8:30 SFMS → SHS

Bus 10:08 SHS → SFMS; 10:22 SFMS → SHS (RT)

Bus 11:50 SHS → SFMS

12:38 SFMS → SHS (RT)

Bus 2:05 SHS → SFMS; 2:18 SFMS → SHS (RT)

Bus 3:45 SHS → SFMS

Spring Forest Middle School Thursday Bell Schedule

A Lunch

2nd Period 8:40 AM – 10:17 AM
Advisory 10:21 AM – 11:59 AM
LUNCH 12:03 PM – 12:33 PM
4th Period 12:37 PM – 2:14 PM
6th Period 2:18 PM – 3:55 PM

B Lunch

2nd Period 8:40 AM – 10:17 AM
Advisory 10:21 AM – 11:59 AM
4th Period 12:03 AM – 12:45 PM
LUNCH 12:45 PM – 1:15 PM
4th Period 1:19 PM – 2:14 PM
6th Period 2:18 PM – 3:55 PM

C Lunch

2nd Period 8:40 AM – 10:17 AM
Advisory 10:21 AM – 11:59 AM
4th Period 12:03 PM – 1:30 PM
LUNCH 1:30 PM – 2:00 PM
4th Period 2:04 PM – 2:14 PM
6th Period 2:18 PM – 3:55 PM

SBAI Bell and Bus Schedule

2nd Period 8:40 AM – 10:15 AM
Advisory 10:20 AM – 11:50 AM
4th Period 12:40 PM – 2:10 PM
6th Period 2:15 PM – 3:55 PM

Bus 8:30 SFMS → SHS

Bus 10:08 SHS → SFMS; 10:22 SFMS → SHS (RT)

Bus 11:50 SHS → SFMS

12:38 SFMS → SHS (RT)

Bus 2:05 SHS → SFMS; 2:18 SFMS → SHS (RT)

Bus 3:45 SHS → SFMS

Stratford High School Bell Schedule

December 7 A Day	8 B-Day	9 A	10 B	11 A
14 B	15	16	17	18
Finals				
January 5 Staff Development	5 A-Day	6 B-Day	7 A	8 B

Regular Schedule

Period 1/2 7:45-9:10

Period 3/4 9:16-10:41

Spartan Time 10:47-11:27

A lunch- 11:27-11:57

(Math, Science, Social Studies, Foreign Lang. office aide/Study Hall)

Period 5/6 12:03-1:28

Period 5/6 11:33-12:58

(English, Athletics, Guthrie, Fine Arts, CTE)

B lunch- 12:58-1:28

Period 7/8 1:34-3:00

Stratford HS Final Exam Schedule Fall 2020

NON-TEST DAYS

Friday, Dec. 11
Monday, Dec. 14

"A" Day
"B" Day

Tuesday, Dec. 15

7:45–9:45 Period 1 *Exam

10:00–12:00 Period 3 *Exam

12:00 – 12:30	A Lunch
12:06 – 1:15	Period 5 Class
12:36 – 1:45	Period 5 Class
1:15 – 1:45	B Lunch

1:51–3:00 Period 7 Class

Wednesday, Dec. 16

7:45–9:45 Period 2 *Exam

10:00–12:00 Period 4 *Exam

12:00 – 12:15 Grab & Go Lunch

12:15 Buses Leave

1:00 – 2:00 6th Period Class
2:05 – 3:00 8th Period Class

Thursday, Dec. 17

7:45–9:45 Period 5 *Exam

10:00–12:00 Period 7 *Exam

12:00 – 12:15 Grab & Go Lunch

12:15 Buses Leave

1:00 – 2:00 1st Period Class
2:05 – 3:00 3rd Period Class

Friday, Dec. 18

7:45–9:45 Period 6 *Exam

10:00–12:00 Period 8 *Exam

12:00 – 12:15 Grab & Go Lunch

12:15 Buses Leave

**All students must clear the building
@ 12:15 unless staying for tutorials
or make-up exams**

- Students must stay the entire class period during classes and finals.
- Students needing to stay on campus can attend their review session in person with teachers if needed. Parents must request this in advance
- By district policy, no final exams may be given early.

Spring Forest Middle School 2020 Fall Final Exam Schedule

Dates: Dec 15th-Dec 18th, 2020

Note: No early dismissal days for the 2020 Fall Final Exam Week.

MONDAY, DEC. 14th – No Exams

TUESDAY, DEC. 15th – Periods 1 & 5

WEDNESDAY, DEC. 16th – Periods 2 & 6

THURSDAY, DEC. 17th – Periods 3 & 7

FRIDAY, DEC. 18th – Period 4 & Any Make-up

Monday- December 14th

No Exams

6th Grade

First Bell Rings 8:35

1st - 8:40 AM – 9:34 AM

2nd - 9:38 AM – 10:32 AM

3rd - 10:36 AM – 11:30 AM

A-LUNCH 11:34 AM – 12:04 AM

4th - 12:08 PM – 1:02 PM

5th - 1:06 PM – 2:00 PM

6th - 2:04 PM – 2:58 PM

7th - 3:02 PM – 3:55 PM

7th Grade

First Bell Rings 8:35

1st - 8:40 AM – 9:34 AM

2nd - 9:38 AM – 10:32 AM

3rd - 10:36 AM – 11:30 AM

4th - 11:34 AM – 12:28 PM

B-LUNCH 12:32 PM – 1:02 PM

5th - 1:06 PM – 2:00 PM

6th - 2:04 PM – 2:58 PM

7th - 3:02 PM – 3:55 PM

8th Grade

First Bell Rings 8:35

1st - 8:40 AM – 9:34 AM

2nd - 9:38 AM – 10:32 AM

3rd - 10:36 AM – 11:30 AM

4th - 11:34 AM – 12:28 PM

5th - 12:32 PM – 1:26 PM

C-LUNCH 1:30 PM – 2:00 PM

6th - 2:04 PM – 2:58 PM

7th - 3:02 PM – 3:55 PM

Tuesday- December 15th

Periods 1 & 5 Exams

6th Grade

First Bell Rings 8:35

1st - 8:40 AM – 10:17 AM

3rd - 10:21 AM – 11:59 AM

A-LUNCH 12:03 PM – 12:33 PM

5th - 12:37 PM – 2:14 PM

7th - 2:18 PM – 3:55 PM

7th Grade

First Bell Rings 8:35

1st - 8:40 AM – 10:17 AM

3rd - 10:21 AM – 11:59 AM

5th - 12:03 PM – 12:45 PM

B-LUNCH 12:45 PM – 1:15 PM

5th - 1:19 PM – 2:14 PM

7th - 2:18 PM – 3:55 PM

8th Grade

First Bell Rings 8:35

1st - 8:40 AM – 10:17 AM

3rd - 10:21 AM – 11:59 AM

5th - 12:03 PM – 1:30 PM

C-LUNCH 1:30 PM – 2:00 PM

5th - 2:04 PM – 2:14 PM

7th - 2:18 PM – 3:55 PM

Wednesday- December 16th

Periods 2 & 6 Exams

6th Grade

First Bell Rings 8:35

2nd - 8:40 AM – 10:17 AM

Advisory 10:21 AM – 11:59 AM

A-LUNCH 12:03 PM – 12:33 PM

4th - 12:37 PM – 2:14 PM

6th - 2:18 PM – 3:55 PM

7th Grade

First Bell Rings 8:35

2nd - 8:40 AM – 10:17 AM

Advisory 10:21 AM – 11:59 AM

4th – 12:03 PM – 12:45 PM

B-LUNCH 12:45 PM – 1:15 PM

4th - 1:19 PM – 2:14 PM

6th - 2:18 PM – 3:55 PM

8th Grade

First Bell Rings 8:35

2nd - 8:40 AM – 10:17 AM

Advisory 10:21 AM – 11:59 AM

4th – 12:03 PM – 1:30 PM

C-LUNCH 1:30 PM – 2:00 PM

4th – 2:04 PM - 2:14 PM

6th - 2:18 PM – 3:55 PM

Thursday- December 17th

Periods 3 & 7 Exams

6th Grade

First Bell Rings 8:35

1st - 8:40 AM – 10:17 AM

3rd - 10:21 AM – 11:59 AM

A-LUNCH 12:03 PM – 12:33 PM

5th - 12:37 PM – 2:14 PM

7th - 2:18 PM – 3:55 PM

7th Grade

First Bell Rings 8:35

1st - 8:40 AM – 10:17 AM

3rd - 10:21 AM – 11:59 AM

5th – 12:03 PM – 12:45 PM

B-LUNCH 12:45 PM – 1:15 PM

5th - 1:19 PM – 2:14 PM

7th - 2:18 PM – 3:55 PM

8th Grade

First Bell Rings 8:35

1st - 8:40 AM – 10:17 AM

3rd - 10:21 AM – 11:59 AM

5th – 12:03 PM – 1:30 PM

C-LUNCH 1:30 PM – 2:00 PM

5th – 2:04 PM – 2:14 PM

7th - 2:18 PM – 3:55 PM

Friday- December 18th

Period 4 & Any Make-up Exams

6th Grade

First Bell Rings 8:35

2nd - 8:40 AM – 10:17 AM

Advisory 10:21 AM – 11:59 AM

A-LUNCH 12:03 PM – 12:33 PM

4th - 12:37 PM – 2:14 PM

6th - 2:18 PM – 3:55 PM

7th Grade

First Bell Rings 8:35

2nd - 8:40 AM – 10:17 AM

Advisory 10:21 AM – 11:59 AM

4th – 12:03 PM – 12:45 PM

B-LUNCH 12:45 PM – 1:15 PM

4th - 1:19 PM – 2:14 PM

6th - 2:18 PM – 3:55 PM

8th Grade

First Bell Rings 8:35

2nd - 8:40 AM – 10:17 AM

Advisory 10:21 AM – 11:59 AM

4th – 12:03 PM – 1:30 PM

C-LUNCH 1:30 PM – 2:00 PM

4th – 2:04 PM - 2:14 PM

6th - 2:18 PM – 3:55 PM

What do I need on my final exam?

Middle School

Final exam is $1/7$ of the grade, each nine weeks is $3/7$. So ...

Count each nine weeks three times and the final exam once to get you semester grade.

Examples:

First nine weeks	Second nine weeks	Final	Math	Semester
93	91	85	$(93*3+91*3+85)/7$	91
86	88	96	$(86*3+88*3+96)/7$	88

Terrific, but what do I need on my final?

For an A, $90*7 = 630$ points

B, $80*7 = 560$ points

C, $75*7 = 525$ points

Students above had this many points going into the final.

$$93*3+91*3 = 552.$$

$$86*3+88*3 = 522$$

$$630 - 552 = 78 \text{ for an A}$$

$$630 - 522 = 108 \text{ for an A (sorry)}$$

$$560 - 552 = 8 \text{ for a B}$$

$$560 - 522 = 38 \text{ for a B}$$

$$525 - 522 = 3 \text{ for a C}$$

High School

Final exam is $1/5$ of the grade, each nine weeks is $2/5$. So ...

Count each nine weeks twice and the final exam once to get you semester grade.

Examples:

First nine weeks	Second nine weeks	Final	Math	Semester
93	91	85	$(93*2+91*2+85)/5$	91
86	88	96	$(86*2+88*2+96)/5$	89

Terrific, but what do I need on my final?

For an A, $90*5 = 450$ points

B, $80*5 = 400$ points

C, $75*5 = 375$ points

Students above had this many points going into the final.

$$93*2+91*2 = 368.$$

$$86*2+88*2 = 348$$

$$450 - 368 = 82 \text{ for an A}$$

$$450 - 348 = 102 \text{ for an A (OK... a 100 averages to } 89.6 \rightarrow \text{A)}$$

$$400 - 368 = 32 \text{ for a B}$$

$$400 - 348 = 52 \text{ for a B}$$

$$375 - 368 = 7 \text{ for a C}$$

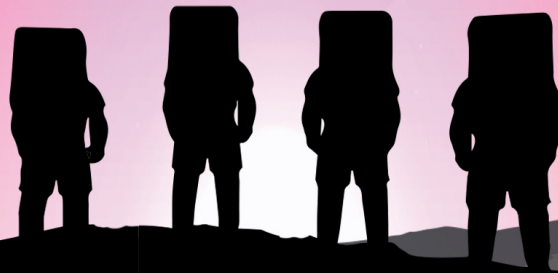
$$375 - 348 = 27 \text{ for a C}$$

FUTURE ENGINEERS PRESENTS



MOON POD ESSAY CONTEST

ENTRY DEADLINE: DEC 17, 2020



**K-12 STUDENTS! SUBMIT AN ESSAY
AND YOU COULD**



ATTEND A VIRTUAL EVENT
WITH AN ASTRONAUT



WIN A TRIP TO NASA
(SUMMER OF 2021)



WIN A TRIP TO A LAUNCH
(FALL OF 2021)

EVERYONE
WHO
SUBMITS!

Sign up for the contest (it's free!), learn about the moon, and submit your essay at:

www.futureengineers.org/artemismoonpodessay

(TEACHERS CAN SIGN UP AN ENTIRE CLASS!)

IN SUPPORT OF
NASA'S ARTEMIS PROGRAM



College Board Opportunity Scholarships

Turn your efforts into scholarships.



The College Board Opportunity Scholarships program guides you through the college planning process and offers you a chance to earn money for college for each action you complete. The more effort you put in, the more opportunities you'll have to earn. It doesn't require an essay or an application, and it doesn't have a minimum GPA or test score requirement. Scholarships can be used at 2- and 4-year colleges. **Half of all scholarships are reserved for students with an annual family income below \$60,000.**

Learn more and get started at [cb.org/opportunity](https://collegeboard.org/opportunity).



1. Build Your College List: \$500

Get started by exploring colleges that interest you on Big Future.



2. Practice for the SAT: \$500

Use Official SAT® Practice on Khan Academy® to get ready for test day.



3. Explore Scholarships: \$500

Find scholarships and other aid to help you pay for college.



4. Strengthen Your College List: \$500

Make sure your college list on BigFuture has a mix of safety, match, and reach schools.



5. Complete the FAFSA: \$500

Fill out the Free Application for Federal Student Aid (FAFSA) to apply for financial aid.



6. Apply to Colleges: \$500

Apply to colleges you want to attend.



Complete Your Journey: \$40,000

Complete all six scholarship steps to be eligible for a \$40,000 scholarship.

STRATFORD HIGH SCHOOL

GIRLS SOCCER 2020-2021 SCHEDULE

<u>DATE</u>	<u>TIME</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TEAM</u>
FRI DEC 11, 2020	4:30/5:45/7:30	DEER PARK SCRIMMAGE	Abshire Stadium	JV/JV/VAR
MON DEC 14, 2020	4:30/5:45/7:30	PEARLAND SCRIMMAGE	PHS	JV/JV/VAR
SAT JAN 2, 2021	10:00/11:30/1:00	BRIDGELAND	SHS	JV/JV/VAR
THU JAN 7, 2021	9:00/3:00/5:00	HOUSTON CUP-DEER PARK	SHS/TULLY	JV/JV/VAR
FRI JAN 8, 2021	2:00/2:00/4:00	HOUSTON CUP-RIDGE POINT	RPHS	JV/JV/VAR
SAT JAN 9, 2021	11:00/11:00/1:00	HOUSTON CUP-BRAZOSWOOD	BMS/Abshire	JV/JV/VAR
JAN 14-16, 2021	TBA	I-10 SHOOTOUT	TBA	JV/VAR
TUE JAN 19, 2021	4:30/5:45/7:30	KINGWOOD PARK	SHS	JV/JV/VAR
FRI JAN 22, 2021	4:30/5:45/7:30	CY-WOODS	CWHS	JV/JV/VAR
TUE JAN 26, 2021	5:30/7:30	CY-FAIR	CFHS	JV/VAR
FRI JAN 29, 2021	5:30/7:30	CY-RIDGE**	SHS	JV/VAR
TUE FEB 2, 2021	5:30/7:30	SPRING WOODS	SWHS	JV/VAR
FRI FEB 5, 2021	4:30/5:45/7:30	MEMORIAL	MHS	JV/JV/VAR
WED FEB 10, 2021	5:30/7:30	CY-CREEK	SHS	JV/VAR
SAT FEB 13, 2021	10:00/12:00	JERSEY VILLAGE	JVHS	JV/VAR
TUE FEB 16, 2021	5:30/7:30	NORTHBROOK	SHS	JV/VAR
FRI FEB 19, 2021	5:30/7:30	CY-FAIR	SHS	JV/VAR
TUE FEB 23, 2021	5:30/7:30	CY-RIDGE	CRHS	JV/VAR
FRI FEB 26, 2021	4:30/5:45/7:30	SPRING WOODS/RIDGE POINT	SHS	JV/JV/VAR
TUE MAR 2, 2021	4:30/5:45/7:30	MEMORIAL	SHS	JV/JV/VAR
FRI MAR 5, 2021	5:30/7:30	CY-CREEK	CCHS	JV/VAR
TUE MAR 9, 2021	5:30/7:30	JERSEY VILLAGE***	SHS	JV/VAR
FRI MAR 12, 2021	5:30/7:30	NORTHBROOK	NHS	JV/VAR
MARCH 25-27		PLAYOFFS BEGIN		
*** SR. NIGHT				
**SBMSA NIGHT				
*TEACHER APPRECIATION NIGHT				

Bold denotes District 17-6A games

On games listed as JV/JV we will split the JV and play three games

Head Coach: David Walters

Asst. Coach: Miguel Gusart

SHS Asst. Athletic Coordinators: Jenni Adcock, Tim Johnson

Head Athletic Trainer: Melissa Quigley

Asst. Athletic Trainer: Marianne Landon

Managers:

SHS Principal: Raymorris Barnes

SHS Athletic Coordinator: Todd Rankin

Executive Athletic Director SBISD: Paige Hershey

Athletics Coordinator: Dwayne Eggerman

SHS Chromebook Trouble Shooting Help

[SHS Chromebook Expectations](#)

[How to log into your Chromebook](#)

[Checklist for common issues](#)

[Connecting to SBISD wifi](#)

[Clearing the Cache](#)

[Update Chrome OS](#)

[Itslearning Log in Error](#)

[Lost/Stolen Form](#)

Questions to ask College Admission Reps

Admission

1. What admission requirements have changed due to Covid-19?
2. What is the average high school GPA of the entering freshman class?
3. Is the ACT or SAT required?
4. Will you accept transfer credits?

Financial Aid

5. When is the priority deadline for financial aid applications?
6. How many students receive financial aid?
7. Are there separate deadlines for admission and scholarship applications?
8. Are there opportunities for on-campus employment?

Academics

9. What is distinctive about education here?
10. What is the most popular major on campus? Why?
11. Are any new programs scheduled for the next four years?
12. What is the quality of student and faculty relationships? Is the faculty interested in accessible to students after class? Do faculty members participate in student activities?
13. What support services are available?

Campus Life

14. How has your campus adjusted to the Covid-19 Pandemic?
15. What are the housing options for freshmen?
16. How would you assess safety on campus, and where can I get more information?
17. How would you characterize the majority of students?

18. What role do team sports play in the social life of the college?

19. What is the role of fraternities and sororities on campus? If I didn't want to join, could I have a satisfactory social life?

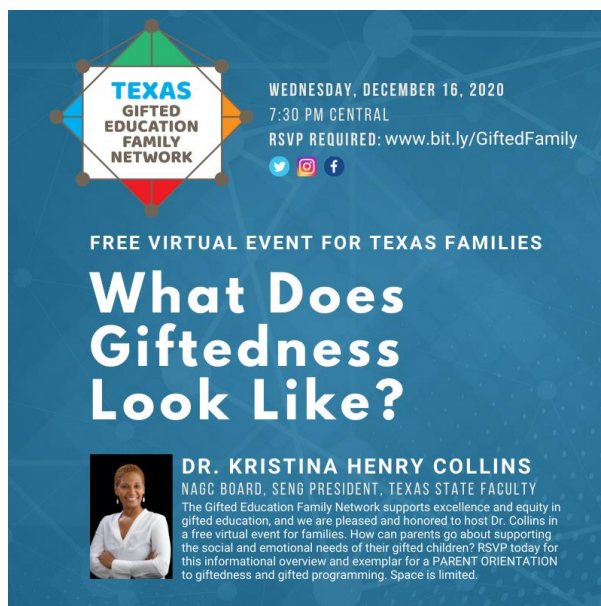
Career Readiness

20. Is there a department that assists students in finding internships?

21. Is there job placement help for graduates?

UPCOMING EVENTS

Please see below for exciting event opportunities for GT families across Texas!



December 16 ~ Free Virtual Event

“What Does Giftedness Look Like?” ~ Dr. Kristina Henry Collins

How can parents go about supporting the social and emotional needs of their gifted children? Our speaker, Dr. Kristina Henry Collins, is a [NAGC Board Member](#), President of [SENG](#), faculty at [Texas State University](#), and a Professional Advisor for the [Gifted Education Family Network](#). This presentation serves as an informational overview and exemplar for a PARENT ORIENTATION to giftedness and gifted programming through the use of book study/round-table discussions. Space is limited! [Reserve your spot today](#) for this free virtual event on Wednesday, December 16, 7:30pm - 8:45pm. RSVP required. Share the graphic above, and invite your Texas GT parent friends! RSVP link: <https://forms.gle/TdcsDZbyCT5ht7Tq9>

January 30, 2021 ~ Virtual Event

2nd Annual GT Parent Conference, Baylor Center for Gifted Education and Talent Development

Save the date for Saturday, January 30, 2021! The Gifted Education Family Network is excited to support the 2nd Annual GT Parent Conference at Baylor University. This year's event will be virtual and at a minimum cost. Planning to attend? What sessions do you want to see? Please share your needs and interests to help Baylor determine session topics. [Take the survey here — your input is needed.](#)

VIRTUAL STUDENT ENRICHMENT

For many Texas students, face-to-face enrichment is not an option at this time. In addition to our [COVID-19 resources](#), we are excited to share additional upcoming opportunities:

Virtual “Super Saturdays in December” for 4th-12th graders

Offered by Baylor Center for Gifted Education and Talent Development

Baylor is offering an online enrichment program for gifted and talented children in grades 4–12! Students can choose from a variety of six-hour classes taught by experienced educators. Classes are offered online from 9:30–11:30 a.m. over three Saturdays. For a flyer with more information on the classes offered, please visit the [Super Saturdays website at the Baylor Center for Gifted Education and Talent Development](#).

Early Next Year!

GEFN Enrichment Day with NuMinds

GEFN will be partnering with NuMinds Enrichment to offer an opportunity for creative play at home in January. [Subscribe to our e-newsletter](#) to get an invitation and reminder.

GT EQUITY, SPECIAL POPULATIONS

Interview with Dr. Joy Lawson Davis: Equity in GT

New on our blog

We launched our new blog, [Excellence and Equity](#), and we are thrilled to share our first post: an [interview with GT expert Dr. Joy Lawson Davis](#)! Dr. Davis discusses the importance of equity and diversity in gifted education, the challenges faced by gifted students of color, and specific action steps that GT parents and GT parent groups can take to address equity in their districts. With over 40 years in the field, books by Dr. Davis include the award-winning [Bright, Talented, & Black: A Guide for Families of African American Gifted Learners](#) (author), [Gifted Children of Color Around the World: Diverse Needs, Exemplary Practices and Directions for the Future](#) (co-edited with Dr. James L. Moore III), and *No More Dreams Deferred: Breaking the Barriers to Self-Advocacy for Underserved Gifted Learners* (forthcoming, co-edited with Deb Douglas), among other publications.

Virtual Parent Support Group

Express your interest and ideas in our survey

Are you looking for a safe place to exchange, share, learn, and support each other in our parenting journey throughout Texas? We'd like to find out what resources and information would help Texas gifted families. [Fill out our survey](#) if you would like to express your interest or share ideas

YOUR CORNER OF TEXAS

Study: Impact of HB3 and COVID on GT

The University of North Texas is working to catalogue district-level changes to gifted education practices following the passage of Texas House Bill 3 and school closures stemming from COVID-19. Their goal is to document any changes to gifted education practice in the state between the 2019-2020 and 2024-2025 academic year.

Below is a link to a survey for GT educators and administrators. Please consider sharing it with GT educators in your district. It is critical that a record of any changes be maintained.

Survey link: https://unt.az1.qualtrics.com/jfe/form/SV_cNgYYVnLk7htJXv

Your Local GT Program

The Texas Education Agency has released COVID-19 guidance specific to GT education. Current guidance and future GT-specific COVID updates can be found on the [TEA COVID-19 page for Special Populations](#).

Is your district working hard to improve GT services? Do you have concerns about GT in your district? Please let us know what you're hearing. Email us or [use our web contact form](#) to share your feedback. As a reminder, Texas GT students must be identified and served per the State Plan in all instructional models, including virtual.

Events near you

Is your local GT parent support group hosting a live or virtual meetup and looking for new members? Or ... are you feeling like the only GT family in town? Please let us know about it. GEFN wants to connect gifted families in your area. Get in touch and we'll try to help [advertise events, meetups or even "gifted family seeks other gifted families in Anytown, Texas"](#) to help connect gifted families in Texas.

LET'S CONNECT

Refer a friend

Please consider asking friends and family across Texas to [sign up for our Gifted Education Family Network](#). It's new, it's free, and its purpose is to advocate for strong, vibrant, and appropriately challenging education programs for students with exceptional potential. The broader our reach, the more GT families can connect across Texas, and the better we can all support GT learning in our schools and at home.



SFMS Nurse Brown & Nurse P

TIPS TO BUILD & STRENGTHEN YOUR FAMILY'S IMMUNITY

Vitamin D is essential to immune function and helps regulate the body's immune response. Vitamin D is found in salmon, canned tuna, egg yolks, and yogurt. Your body can also synthesize vitamin D with just 13-15 minutes of sunshine three times a week.

Consuming foods high in **Vitamin C** such as grapefruits, oranges, tangerines, sweet red pepper, broccoli, strawberries, kale, and kiwifruit are thought to increase white blood cell production, which is key to fighting infection.

Beta-carotene converts into **Vitamin A**, which is an anti-inflammatory vitamin that can help your antibodies, respond to toxins, such as a virus. Carrots, spinach, kale, apricots, sweet potato, squash, and cantaloupe are all great sources of beta-carotene. Vitamin A is a fat-soluble vitamin, so consuming foods with healthy fats will aid in its absorption.

Immune system cells need **Zinc** to function as they are intended. Zinc is a mineral that our body does not store or produce. While oysters have the highest food content of zinc, there are several other options such as shellfish (crab, clams, lobster, and mussels), poultry (chicken or turkey), red meat and beans. Zinc is also found in fortified cereals and some breads, but the best absorption comes from animal-based foods.

Vitamin E is a fat-soluble vitamin that is key in regulating and supporting immune system function. Foods rich in vitamin E include nuts, seeds, avocado, and spinach.

Green Tea is packed with antioxidants that have been shown to enhance immune system function. It also contains amino acids that may aid in the production of germ-fighting compounds in your T-cells, which reduces inflammation in the body and helps fight infection. Green tea can be consumed hot, cold or as matcha powder.

Wash Hands Regularly

Drink Water & Stay Hydrated

Water helps produce lymph which carries white blood cells and other immune system cells through the body. There are many foods with high water content such as cucumbers, watermelon, and celery. If you have a hard time drinking plain water, try a cup of green tea with lemon, watermelon, cucumber or mint-infused water for an immune system powerhouse beverage.

Probiotics and an immune boosting essential oils called thieves oil & oregano.

YOGURT CONTAINS LIVE CULTURES

ALSO KNOWN AS
PROBIOTICS, WHICH ARE
THOUGHT TO HELP STIMULATE
THE IMMUNE SYSTEM TO
FIGHT OFF DISEASE.

2020-2021 Credit by Exam & Exams for Acceleration



Exam Dates

Elementary/Middle School	
Testing Window	Application Due Date
SEPT 28-OCT 9	SEPT 4
High School	
Testing Window	Application Due Date
SEPT 28-OCT 6	SEPT 4
All Grade Levels	
Testing Window	Application Due Date
FEB 22-MAR 5	JANUARY 15
JUNE 7-10	MAY 3
JULY 12-15	MAY 3

All Credit by Exams are only offered online. Only applications submitted by the counselor will be accepted. Contact the school counselor for more information about registration. **Late and/or incomplete applications will not be processed.**

Cancellations/No Shows

Students have two attempts at CBEs/EAs. Cancellation or no shows that occur after exams have been ordered may constitute one attempt.

Math Acceleration

Single subject acceleration is available only in mathematics, and is provided during the testing windows listed above. Student performance data must be included with the application. Students scoring an 80% or higher on the exams are eligible for acceleration. Students only through 8th grade math achieving the required score in October may accelerate immediately; those achieving the required score in March, June, or July may accelerate

GRADE LEVEL ACCELERATION (GRADES 1-8)

Exams for Acceleration (EA) offer students in grades 1-8 the opportunity to advance one grade level by scoring 80% or higher in each of the four required subject areas. Students desiring to advance one grade level will need the signature of their parent/guardian as well as the building principal or designee. Student performance data must be included with the application. Testing is free for all enrolled SBISD students. Kindergarten students are not eligible for testing until the summer prior to the first grade year.

Courses required for acceleration:

- > Grade Level Math
- > Grade Level Social Studies
- > Grade Level Science
- > Grade Level Language Arts

The math exam will be administered first. A score of 80% or higher is required on each test to advance to the next exam. Fall and spring exams are administered at the student's home campus; summer exam locations will be announced.

Study Guides for EA and CBE assessments may be found at the following link. Some exams require reading of novels (ELA), participation logs (PE), or portfolios (Art); those requirements are listed in the study guides. https://highschool.utexas.edu/cbe_study_guides

CREDIT BY EXAM*

Credit by Exam (CBE) offers students the opportunity to gain course credit in the subject area(s) being tested. Students who wish to take a Languages Other Than English (LOTE) exam must have completed 7th Grade. CBEs may be taken with or without prior instruction, and testing is free for all enrolled SBISD students. Fall and Spring exams are administered at the student's home campus; summer exams are administered at a location to be announced.

High School courses are tested by semester and most have two semesters. When high school course credit is earned through Credit by Exam, the course and the score of the test are posted to the student's transcript. However, the score will not impact the student's Grade Point Average.

Exams available include:

- | | | | |
|---------------|----------------|---------------|---------------|
| > English I | > Algebra I | > US History | > Physics |
| > English II | > Algebra II | > World Geo. | > IPC |
| > English III | > Geometry | > World Hist. | > Health* |
| > English IV | > Pre-Calculus | > Biology | > Economics* |
| | > MMA | > Economics | > Government* |

* One semester classes

Additional exams may be found at <https://utexas.app.box.com/v/uths-cbe-available>

Languages Other Than English (LOTE) - Levels 1-4, except Vietnamese

- | | | |
|----------|------------|-----------------------------------|
| > Arabic | > Hindi | > Mandarin (Simple & Traditional) |
| > French | > Italian | > Polish |
| > German | > Japanese | > Russian |
| > Hebrew | > Korean | > Spanish |
| | | > Vietnamese (Levels 1-2 Only) |

Sample Tests may be found at <http://avantassessment.com/sample-tests>

* Policy EHDC (Legal)

A student may not attempt to earn credit by examination for a specific high school course more than two times. If a student fails to earn credit by examination for a specific high school course before the beginning of the school year in which the student would ordinarily be required to enroll in that course in accordance with the district's prescribed course sequence, the student must satisfactorily complete the course to receive credit for the course.